

All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components.

A row of five rectangular boxes with rounded corners and a tab at the top left. From left to right, the colors are orange, orange, blue, and green. The fifth box is missing from this row.

A single yellow rectangular box with rounded corners and a tab at the top left, positioned below the first orange box.

A blue and a green rectangular box with rounded corners and a tab at the top left, positioned at the bottom right of the page.